

Activity

Speed Rabbit Circle Game

Player in the center points to another player and says a name of an animal or action. That person and the one to their direct left and right have to perform an action. If they are too slow or make a mistake, they take the player in the centre's position. The object is not to be in the centre.

Actions:

1. Moose – player holds two hands in front of face; partners place hands upon player's head to form antlers.
2. Mosquito – player makes a "V" with fingers of one hand and places index finger through it up by face; partners stand close to player and make buzz sound.
3. Rabbit – player makes whiskers with hands; partners make ears with their hands on player's head.
4. Dog – player bends over; partners lift up leg closest to player.
5. Road Kill – player squats down; partners place one foot on the player.
6. Elvis – player makes their favourite Elvis pose; partners stand close to player and scream with glee.



Activity	
Basic Skills	
Application of Basic Skills	



Benefits Health	
Functional Fitness	
Body Image	
Well-being	



Cooperation	
Communication	
Fair Play	
Leadership	
Teamwork	



Do it Daily...for life	
Effort	
Safety	
Goal Setting	
In the Community	